

Keiki to Career Kaua'i

Ready to Learn, Ready for Life



SHARE FAMILY MEALS

Conversation Starters in a Jar

Many parents have discovered that asking their child "How was your day?" at mealtimes sometime leads to a dead-end conversation. So, try this: Print these questions out (add your own, too!). Cut them into strips. Keep them in a jar on the table. At dinner time, pull one out to start a conversation. You might be amazed at how your mealtime conversations will blossom.

What was the funniest thing that happened today?

If you could build anything in our backyard, what would you build?

If you had a time machine, where would you go?

If you could invite anyone to dinner, who would it be?

What would make a birthday perfect for you?

If you had to live inside a TV show for one week, which one would you choose?

What are you most afraid of?

If you could travel anywhere in the world, where would you go?

What kind of person makes a good friend?

If you could help one person today, who would it be?

What was one of your favorite vacations?

If you found \$50 today, what would you do with it?

What's one of your favorite movies?

If you could have a super power, what would it be?



Fun school or family project: make your own jar and write your own

Tell us something you like about the person sitting on your left.

If you could only eat one food the rest of your life, what would it be?

Tell us one thing that makes you very happy.

What is the best thing that happened to you today?

If you could give a newborn baby one piece of good advice, what would it be?

If you could choose, would you rather be surfing on the ocean or skiing on the snow?

What do you like best about our family?

Tell us something you did that was kind today.

What is your favorite book right now?

What 3 words describe our family?

What do you think makes a happy family?

Would you rather see the future or read people's minds?

Would you rather have to fight a dragon or a giant octopus?

Would you rather go into space or under the sea?

What questions should we add to our family jar?

Running out of questions? There are many more ideas on the internet for family conversation starters. Here are some sites to get you started:

<http://thefamilydinnerproject.org/conversation-2/conversation-starters/>

Conversation shuffle (note: scroll down home page): <http://www.takebackthetable.org/>

<https://www.pgeveryday.com/family-life/family-bonding/article/dinner-conversation-starters-5-ways-to-start-the-chatter>

Keiki to Career is a partnership to create brighter futures for our island's young people.

Visit us at www.keikitocareer.org

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