

# **Hawaii Resources for Bullying Prevention**

- 1. Crisis Line of Hawai'i—free, 24/7 crisis line for O'ahu:
  - 832-3100
- 2. Hawai'i Bullying Prevention Toolkit by Mental Health of America of Hawai'i
  - www.bullyingpreventionhawaii.org
- 3. 808youth
  - http://808youth.com/
- 4. Best Buddies Hawaii
  - <a href="https://bestbuddies.org/find-programs/hawaii/">https://bestbuddies.org/find-programs/hawaii/</a>
    - o Oahu
      - hawaii@bestbuddies.org
         Aloha United Way Building
         200 N. Vineyard Blvd, Suite B260
         Honolulu, HI 96817
         Phone: 808.545.3025
         BESTBUDDIES.ORG/HAWAII
    - Maui
      - hawaii@bestbuddies.org

        J.W. Cameron Center

        95 Mahalani Street, No. 28-1A

        Wailuku, Maui, HI 96793

        Phone: 808.242.6962|Fax: 808.875.1638

        BESTBUDDIES.ORG/HAWAII
- 5. Mental Health of America of Hawaii
  - Oahu & Maui
    - o <a href="http://mentalhealthhawaii.org/">http://mentalhealthhawaii.org/</a>
  - Organization Phone: (808) 521-1846

For further information visit website: <a href="http://www.mentalhealthhawaii.org">http://www.mentalhealthhawaii.org</a>

**Program Also Called:** MHA-H **Program Phone:** (808) 521-1846

**Program Description:** 

Youth Suicide and Bullying Prevention, Help Line, and College Mental Health Program; advocacy for improvements in services and treatment for people with mental health problems.

Fax: (808) 533-6995

Email: info@mentalhealth-hi.org Additional Phones: Unavailable. Program Physical Address: 1124 Fort Street Mall, Suite #205



Accessible entrance: 67 South Pauahi

Honolulu, HI 96813

**Program Postal Address:** 

1124 Fort Street Mall, Suite #205

Honolulu, HI 96813

**Program Type:** Private Non-Profit

**Program Hours:** Monday-Friday, 8:30 - 4:30 **Program Accessibility:** Handicap Accessible

Languages: Spanish.

**Program Transportation:** Program does not provide transportation.

Eligibility: n/a

#### 6. Neighborhood Program: Adult Friends for Youth (AFY)

• http://www.afyhawaii.com/neighborhoodprogram.html

Organization: Adult Friends for Youth
 Organization Phone: (808) 833-8775

For further information visit website: <a href="http://www.afyhawaii.com">http://www.afyhawaii.com</a>
Program Also Called: Gang Intervention and Prevention Program

**Program Phone:** (808) 833-8775

**Program Description:** 

Adult Friends for Youth's (AFY) Neighborhood and School Centered Program works with high-risk youth/gang members to change their destructive behavior (e.g., bullying, violence, substance abuse) to constructive behavior, and to help them improve academic performance so they can graduate or advance to the next grade level. AFY works with groups/gangs as whole entities providing group and individual counseling, and other support.

Fax: (808) 833-6469

Program Website: <a href="http://www.afyhawaii.com/neighborhoodprogram.html">http://www.afyhawaii.com/neighborhoodprogram.html</a>

Email: afy@afyhawaii.com Program Physical Address: 3375 Koapaka Street, Suite B290 Honolulu, HI 96819

**Program Type:** Private Non-Profit

Program Hours: Monday - Friday, 9:00 am to 5:30 pm

Program Accessibility: Handicap Accessible

**Program Transportation:** 

Program is city bus convenient.

Rides are provided for pick-up/drop-off.
Rides are provided for coordinated outings.

Eligibility: Middle and high school high risk youth/gang members from Kalihi, Waipahu,

Ewa, Kapolei, and Wahiawa.

### 7. Therapeutic Family Homes: Hale 'Opio Kaua'i, Inc.

http://haleopio.org/services/treatment/therapeutic-family-homes/



Organization: Hale 'Opio Kaua'i, Inc
 Organization Phone: (808) 245-2873

For further information visit website: http://www.haleopio.org

**Program Phone:** (808) 245-2873

**Program Description:** 

Hale `Opio offers numerous evidence-based programs to increase the youth's leadership and self-efficacy, reduce substance use and bullying, prevent teen pregnancy and intimate violence, increase connections to cultural practices and protocols, etc. Moreover, through residential programs and family counseling, Hale `Opio reintegrates the youth with the community by supporting improved communication, conflict resolution, decision-making, education, and work skills.

Fax: (808) 245-6957

Program Website: <a href="http://haleopio.org/services/treatment/therapeutic-family-homes/">http://haleopio.org/services/treatment/therapeutic-family-homes/</a>

Email: info@haleopio.org
Program Physical Address:

2959 Umi Street Lihue, HI 96766

**Program Postal Address:** 

2959 Umi Street Lihue, HI 96766

**Program Type:** Private Non-Profit

Fees: Free.

**Program Accessibility:** Handicap Accessible

Languages: English with translation as required by law

**Program Transportation:** 

Program is city bus convenient.

Program can arrange transportation.

Rides are provided for pick-up/drop-off.

**Eligibility:** Youth, 11 - 22 years who are eligible for services through Department of Human

Services, Family Court, and Department of Health.

#### 8. Cyber Bullying: MEO (Maui Economic Opportunity, Inc.)-Suicide Prevention Program

- http://www.meoinc.org/content/555137fdea34c/Youth Services Program.html
- Organization: Maui Economic Opportunity, Inc.

**Organization Phone:** (808) 249-2990 x315

For further information visit website:

http://www.meoinc.org/content/555137fdea34c/Youth\_Services\_Program.html

**Program Phone:** (808) 249-2990 x315

**Program Description:** 

Program uses evidence based on Project Northland curriculum, focusing on prevention and awareness such as underage drinking, substance abuse, cyber bullying, teen suicide as well as life & career skills and gender specific programming to compliment the inschool curriculum and the out of school activities. The training and evidence-based prevention program will benefit youth aged 11-18 in middle and high schools (6th - 12th grade), teachers, parents, families and the community in Maui.

Fax: (808) 249-2991



Program Website: <a href="http://www.meoinc.org/">http://www.meoinc.org/</a>

Email: rose.duey @meoinc.org
Program Physical Address:

99 Mahalani Street Wailuku, HI 96793

**Program Type:** Private Non-Profit

Program Hours: Monday - Friday, 8:00a.m to 4:30p.m.

Fees: None

Program Accessibility: Handicap Accessible

**Languages:** English **Eligibility:** N/A

### 9. Positive Action: Hale 'Opio Kaua'i, Inc.

http://haleopio.org

• **Organization Phone:** (808) 245-2873

For further information visit website: http://haleopio.org

**Program Phone:** (808) 245-2873

**Program Description:** 

Positive Action is an evidence-based character development program proven in Hawai'i to significantly reduce drinking, improve grades, decrease bullying and give other positive results.

Email: mornellas@haleopio.org Program Physical Address: 2959 Umi Street Lihue, HI 96766 Eligibility: N/A

### 10. Public School Approach

• Communications and Community Affairs Office

o **Phone:** 808-586-3232

Email: doe info@hawaiidoe.org

• For Students:

 $\underline{http://www.hawaiipublicschools.org/BeyondTheClassroom/SafeSchools/AntiBullyingWork/Pages/students.aspx}$ 

• For Parents/Families:

http://www.hawaiipublicschools.org/BeyondTheClassroom/SafeSchools/AntiBullyingWork/Pages/parents.aspx

For Staff:

http://www.hawaiipublicschools.org/BeyondTheClassroom/SafeSchools/AntiBullyingWork/Pages/staff.aspx



- **Prevention:** All schools are invested in building a positive school culture and climate to encourage all students to be respectful and empathetic. To address bullying behaviors schools may be implementing one or more the following:
  - School-wide positive behavior practices that teach students to be respectful, responsible and compassionate learners.
  - Anti-Bullying Programs: Communities are unique, and schools have different approaches based on their community's needs. Some schools have students leading their anti-bullying efforts.
  - Community Partnerships: Many schools cultivate relationships with community agencies, health and wellness providers, policing and community policing groups, legal advisors, cultural practitioners and others to broaden supports.
- **Response:** When an incident happens, the principal or his/her designee investigates to:
  - Determine whether an offense as defined by Hawaii Administrative Rules
     (HAR) <u>Chapter 19</u> occurred.
  - Make an entry in the Department's student support database, which allows schools to identify, monitor and track student concerns over time.
- **Follow-up:** School staff provide supports to victims and bullies to address ongoing conditions that may have contributed to the bullying incident and to help prevent future incidents. These conditions may include issues at home, stress, abuse, and health, social-emotional and behavioral health issues, among others.
- Report bullying: If your child reports that he/she has been bullied, report it to the school teacher, counselor or principal immediately. The principal or designee will initiate an investigation. You can also use our feedback form to report an incident anonymously (we require an email address). Please indicate the school where the incident happened. The complex area/school will be notified.

### 11. Equality Hawaii

- <a href="http://equalityhawaii.org/resources/">http://equalityhawaii.org/resources/</a>
  - O HAWAII LGBT YOUTH SAFETY-NET CONFERENCE RESOURCES
  - O A PLACE IN THE MIDDLE: A HAWAIIAN APPROACH TO BULLYING PREVENTION
  - O ACLU AMERICAN CIVIL LIBERTIES UNION
  - O CENTERS FOR DISEASE CONTROL
  - O GLSEN | GAY, LESBIAN & STRAIGHT EDUCATION NETWORK
  - O GAY/STRAIGHT ALLIANCE NETWORK
  - O <u>GENDER SPECTRUM</u>
  - O HRC FOUNDATION: WELCOMING SCHOOLS
  - O HUMAN RIGHTS CAMPAIGN
  - O SAFE SCHOOLS COALITION
  - O SOUTHERN POVERTY LAW CENTER: TEACHING TOLERANCE
  - O STONEWALL

#### 12. B.R.A.V.E. Hawaii

• <a href="http://www.bravehawaii.org/home">http://www.bravehawaii.org/home</a>



- What we hope to achieve:
  - We believe that everyone should feel comfortable in their own space. You should never feel ashamed of being different from the rest of the crowd. Through our awareness programs, school personnel, students, parents, and the community should come together to prevent bullying at every level.

## **National Resources for Bullying Prevention**

- 1. National Suicide Prevention Lifeline—for ANYONE in crisis:
  - 1-800-273-TALK (8255)
- 2. Crisis Text Line—free, 24/7 assistance for those in crisis:
  - Text START to 741-741
  - www.crisistextline.org
- 4. Trevor Helpline—free, 24/7 National hotline for LGBTQ youth:
  - 1-866-4U-TREVOR (488-7386)
  - Text the word "Trevor" to 1-202-304-1200
  - Chat at <u>www.thetrevorproject.org</u>
- 5. Kidpower: Skills for Lifelong Safety and Confidence
  - https://www.kidpower.org/bullying/
    - "Neighborhood Kids are Bullying My Child, Please Help!"
    - o Bullying in Schools: 7 Solutions for Parents
    - Bullying Facts and Solutions
    - o Face Bullying with Confidence: 8 Skills Kids Can Use
    - o 5 Actions Adults Can Take NOW to Protect Kids
    - o "Walk in Another's Shoes" Video: Teens Speak Out
    - "Mean Adults?" 5 Skills to Address Adult-to-Adult Bullying
    - Speaking Up About Putdowns and Managing Reactions
    - o Bullying: Common Questions & Answers From Kidpower
    - See more articles: <u>Bullying Prevention</u>, <u>Teen Safety</u>, <u>Workplace Communication</u>
- 6. NoBullying.com
  - http://nobullying.com/
  - **Nobullying.com** is an online forum aimed at educating, advising, counselling and all importantly, helping to stop bullying, in particular, cyber bullying.